

About the Aldingbourne Trust

The Aldingbourne Trust supports people with learning disabilities to reach their potential across West Sussex. We provide supported living, personalised support and support staff, vocational and therapeutic training, creative arts and supported steps into employment.

Opening Times

Monday – Friday 9.00am – 5.00pm
Evenings and weekends – By event.

Registered Charity: 276484



No 64 First Floor
64 High Street
Bognor Regis
West Sussex
P021 1SP

Telephone
01243 838 530
Facsimile
01243 669 094
Email
number64
@aldingbournetrust.co.uk

Website
aldingbournetrust.co.uk

Number 64



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The Aldingbourne Trust is a charity that supports people with learning/physical disabilities to reach their potential. We work with people across Sussex, developing skills, knowledge and confidence so they can live life as they choose. At No 64, Aldingbourne runs a drop in centre where people can pop in and get information, advice and guidance in the heart of the community.



What we have to offer

Support on your terms

No 64 is a safe, friendly, helpful, welcoming place where people can gain information and make their own choices. The No 64 team also provide outreach to people in their own homes, providing excellent one-to-one support. The drop-in environment is another way of people getting flexible support and meeting other people who live locally.

Quality information

The information at No 64 is current, easy to access and understand. One of the team is available during office hours to talk to. We also have some evening and weekend sessions.

How can we help?

We have helped visitors to choose better utility suppliers, make banking decisions and understand transport timetables. Our specialities are:

- Support planning
- Housing
- Finding paid or voluntary work
- Providing staff
- Budgeting and bill payments
- Travel training
- Health & recreation

If we cannot help, we will find out who can.



Access to experts

Experts from social care, the police and the health service often run sessions for our visitors. Check our notice boards to find out who is due to appear.

Special events

No 64 holds regular entertainment events. We offer film nights, music nights and art exhibitions.

Conference/meeting room

Our fully equipped conference room can be hired for training, meetings or conferences. The room features integral projector, television and DVD. Refreshments can be arranged and provided too.

Creative Arts Studio

No 64 also hosts our Creative Arts Studio – professional tuition in a range of mediums and crafts.

The Aldingbourne Trust – supporting people to reach their potential

