

About the Aldingbourne Trust

The Aldingbourne Trust supports people with learning/physical disabilities to reach their potential across West Sussex. We provide supported living, personalised support and support staff, vocational and therapeutic training, creative arts and supported steps into employment.

Registered Charity: 276484



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Supported Living



Places to Live

Everyone is different, but we all need a place to live. We believe in offering choices to people with learning/physical disabilities to help make the right decision and support to make it work.

We have nurtured special relationships with owners of properties across Arun and Chichester and have access to a wide range of housing.

Types of Accommodation

Shared housing

Some people like to have company and share their space with others. We offer accommodation where people can share areas such as kitchens and bathrooms or where they have self-contained, private facilities with an option to spend time with others in a shared lounge if they choose. Most of our shared housing has staff on site, who are available 24 hours a day.

It is not unusual for people to stay with us in shared living, develop independence and then choose to move into housing where they do not need staff around all the time.

Self Contained Housing

Some people prefer to live by themselves. They may also want staff available in the vicinity, but all services and facilities can be self-contained. People with complex needs can really develop when they have more control over their own environment. Staff can come in to support people with cooking, paying bills, managing money, healthcare, cleaning, friendships, leisure and hobbies.

People in self-contained housing may not need staff to be nearby all the time. A lot of people we support have pre-arranged times when staff visit. If a person needs to check anything outside of these times we have 24 hour back up. For people who live in Bognor Regis, we have a drop-in centre open during the week.

Home ownership

We have worked with parents and carers to buy homes for their loved one. It is possible to do this on a private basis or with the help of a housing association, sometimes through benefits people with learning disabilities are entitled to.

The Aldingbourne Trust – supporting people to reach their potential

